

Lighting of the Candles
Peace of the Lord be with you



And also with you

Welcome Words

We light three candles in the name of:

God the Father whose promises are true,

God the Son who trusted his Father's promises and

God the Holy Spirit who gives us faith to trust God today.



Trust



My God is my
strength in whom I
trust

Psalm 18:2

And he is with you
wherever you are.

(Al Qur'an 57:4)



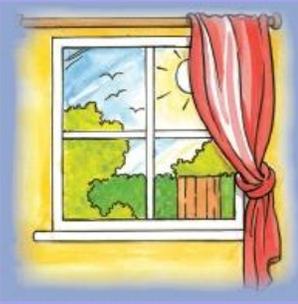
TRUST



'My God is my
strength in
whom I trust.'

Psalm 18.2

Trust is...



TRUST IS....

Taking someone at their word

Relying on someone to support you

Unbreakable promises

Showing that you can be trustworthy

Treasuring good friends



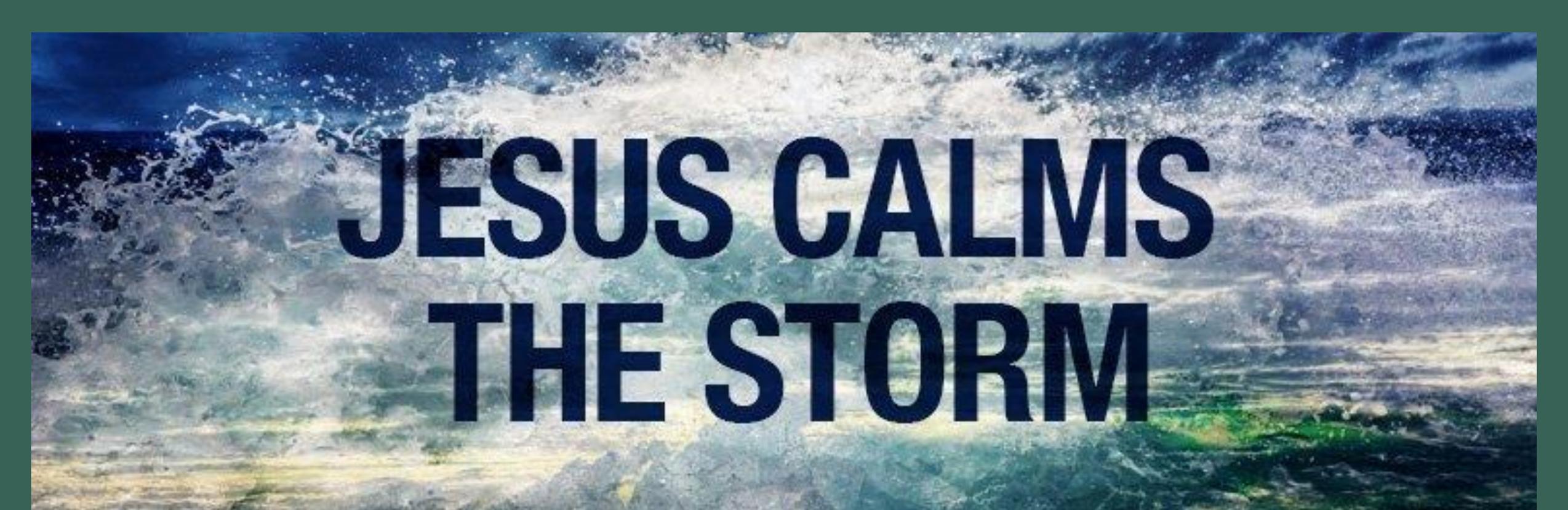












JESUS CALMS THE STORM

Mark 4 35 - 41





Reflecting



What does it mean to have faith and trust?

How did Jesus show his faith and trust in God?

It is sometimes difficult to trust when we are worried or frightened but God is always there to 'calm the storm'.





Dear God

Help us to have faith and
to trust in you. Help us
remember that you are
always there and you will
never leave us.

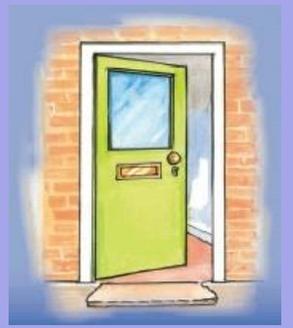
Amen





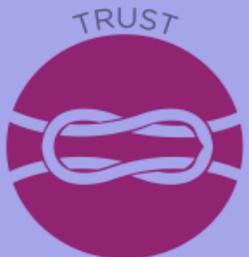
Individual Prayers

Challenge and Response



Take a pebble and write the name of someone you trust, or write the words 'Trust in God'.

Put the pebble in your reflective area and use it when you feel worried or frightened. Hold your pebble tight and remember your faith and trust, knowing that God is always there.



Blowing out the Candles

Peace of the Lord be with you



And also with you

May the grace of our Lord
Jesus Christ

And the love of God

And the fellowship of the Holy
Spirit

Be with us all, evermore.

Amen